

## **PREMIER PLASTIC SURGERY**

**(801-571-2020)**

### **PREOPERATIVE SURGERY INSTRUCTIONS**

1. If you are over 40 years old you will need to have lab work done. Our office will give you the orders for this lab work. It should be done within three days of your surgery. Your insurance may or may not cover the expense. If you do not have insurance our office will advise you where you can go for a reasonable fee.
2. For your own safety, DO NOT have anything to eat or drink after midnight the night before your surgery! This includes gum, lifesavers, water and mints. Failure to comply with this will result in your surgery being rescheduled.
3. Do not take aspirin products for at least two weeks prior to and two weeks after surgery. Products such as Motrin, Ibuprofen, Alieve, Naprosyn, etc.) Tylenol may be used. If you take ANY medications, be sure to advise the doctor.
4. Because smoking causes wound healing problems, DO NOT smoke 2 weeks prior to and 2 weeks following your surgery. Smoking can severely delay the healing process and can cause significant complications.
5. Bathe or shower the morning of surgery, but do not use lotion, powder, deodorant, perfume or make-up.
6. BE ON TIME!!!! Be aware that the time given to you for surgery may change. It is important you be available to have surgery at any given time on the day you are scheduled. You can call prior to your surgery to find out if we are running on schedule.
7. Our policy requires you pay a deposit equal to 10% of your total quote to schedule a surgery date. This deposit is deducted off the total amount of your procedure. The surgery balance is due one week prior to surgery. Final payment can NOT be in the form of a personal check. We accept VISA, Mastercard, Discover and American Express.
8. Wear Comfortable loose clothing on the day of your surgery. Wear a top that buttons or zips up the front. Do not wear a pullover type top. Wear loose comfortable bottoms as well, preferably pajama type bottoms. Do NOT wear jeans or tight fitting pants.
9. Leave all your valuables at home (money, purse and jewelry).
10. You will need a responsible adult with you the day of your surgery to drive you home and be with you for 24 hours. If you do not have an adult to care for you following surgery you will be required to pay for a room at a care center.